About Us

The Mitchell County Health Department is an accredited facility that provides clinical and preventive social services for all ages through the operation of various programs, services, and partnerships.

The health department operates on a sliding fee scale based on income and family size. Costs vary depending on service & may include a minimum payment. We accept the following forms of payment:

- Cash or Check
- Debit/Credit Card
- Medical Insurance
- Medicaid
- Medicare
- NC Health Choice

Healthy people, healthy environment, thriving communities.

130 Forest Service Road
Bakersville, NC 28705
(828) 688-2371
Monday — Friday
8:00am to 4:30pm

www.toeriverhealth.org
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(828) 688-2371
Like us on Facebook!

Toe River Health District prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, and marital or family status.
GENERAL & PRIMARY HEALTH CARE
- Availability of health services, including diagnosis and treatment of a health condition, and support in managing long-term health care needs, including chronic conditions; accepts walk-ins as schedule allows.
- Sick Visits, Minor Injury, & Annual Well Visits
- Laboratory Services
- Immunizations for people of all ages
- CDL (Commercial Driver’s License) Exams

WOMEN’S HEALTH
- Breast & Cervical Cancer Control Program (BCCCP)
  Includes clinical breast exam, mammograms, and PAP smears, and referrals for abnormal tests
- Breastfeeding Support
- Pregnancy Care Management (OB/CM)
  Provides support, education, and assists with concerns during pregnancy and postpartum

COMMUNICABLE DISEASE PREVENTION
- Sexually Transmitted Infections Counseling, Testing, & Treatment
- Investigation and Control of Reportable Communicable Diseases
- TB Screening & Treatment
- Outbreak Investigation & Management

CHILD & TEEN HEALTH
- Well Child Physicals, Sick Visits, Developmental Screenings, and Dental Varnishing
- Mitchell Yancey Healthy Families Program
  A voluntary, free home visiting program designed to help new parents become great parents
- WIC (Women, Infants and Children) Program
  A supplemental nutrition program that provides healthy foods, health referrals, breastfeeding support and eating tips for you and your child
- Care Coordination for Children (CC4C)
  Improves your child's care by linking you to services that meet the specific needs of your child & family

ENVIRONMENTAL HEALTH
- Implements local and state ordinances to minimize environmental problems
- Explores public health & environmental complaints
- Issues Septic and Well Permits & offers Water Testing
- Conducts Permitting, Inspecting, and Grading of all regulated food and lodging businesses
- Investigates food borne illness
- Conducts Inspection of public pools

FAMILY PLANNING
- Offering services such as Birth Control Methods, Emergency Contraceptive, Pregnancy Test, Adolescent/Adult Immunizations, STI & HIV Testing, Treatment, and Counseling
- Education and Counseling on Birth Control Methods, Risk of STI's, Depression, and Domestic Violence Awareness
- Variety of Birth Control Methods Available
  Birth Control Pills, Depo Provera, Mirena IUD, Paraguard IUD, Nexplanon Implant, Condoms, and Natural Family Planning

OTHER PROGRAM BASED SERVICES
- Emergency Preparedness
  Prepares the area for Disasters; Provides preparedness education & resources
- Health Promotion & Education
  Provides information to the public; Provides healthy living education; Partners with various community groups; Leads Health Assessments and Action Plans, Promotes Health Policy, Program, & Environment changes